

Bandwidth = Human Potential

- Chicago
- Indigenous cultures
- 11 million bits
- Control over 100
- Cognitive capacity
- Can't get anymore bandwidth
 - What are phenomena that take away from bandwidth?
- Scarcity \Rightarrow loss of bandwidth.

- all these things take away mental resources
- All of us have some bandwidth depletion because of pandemic

Uncertainty

- positive atmosphere
- vulnerability
- shyness
- being loved, welcomed
- like a human being
- second language takes up *
a lot of bandwidth
- mindset
- squandering of human
creativity

- What society thinks
about us

- "double consciousness"

- Social media
comparisons takes up
a lot of bandwidth

- The issue of color - or is
it homophobia? Sexism?

- Staying under radar
takes up a lot of bandwidth

- being okay when
not okay

- Canada: not do

polite - we have

Systemic racism too

- didn't feel comfortable

saying

- how do I deal with
disability?

