

How should mental health apps be assessed and recommended?

How can we ensure that human beings will use technology for good?

How do we see human beings evolving with technology in the future, is it good or bad?

How can we make Mental Health an easier subject to talk about in public or social settings?

How do we train our brains to prepare ourselves mentally for a future that seems to be full of difficult scenarios?

How technology has slowed us down physically resulting in bad mental health?

How should mental health apps be assessed and recommended?

Is it possible that technology has a negative impact on mental health?

Is it true that therapies administered using digital technology are equally successful as those delivered in person?

Social Media Providers should have concentrated on the content posted?

Has tech kept us free from chaos or has lead to distressing multitasking? TECH ->
1) What if the technology is in wrong hands?

What if technology like space tech never gets to reach normal people?

How can we make sure that the policies put into effect by big tech companies and the different algorithms they're using to collect data are regulated on a regular basis?

What are some of the newest and best technologies out there or that are coming out soon? What makes these technologies the best?

Should there be more restrictions/ regulations on the development of new technologies? Why or why not?

How can mental health be made more accessible to more people around the world? Give two ideas.

How does social media affect mental health?

How can we make sure that the public is well-informed and aware of the true potential of technology and the consequences it would bring if it were to be misused?

To what degree can we attribute responsibility for the current state of mental health to our lifestyles and environment?

What is the state of mental health around the world and what is responsible from these differences?

How can we be make sure that technologies that purport to be a force for good will not ultimately be harmful?

Do will future technologies help protect freedom or empower oppressors?

Do the negative effects that technology and social media have on people's mental health especially teenagers, outweigh how they have made life as whole much easier and convenient for them.

Are the public fully aware of the impacts that social media is having on people's

mental health?(especially teenagers)