

No walls, no vested
interests, just
understanding the
world as a whole.

Planning for the Next 2 Weeks...
Dec 1 2021

1) technology

2) mental health in the digital age

Dec 18th → Final Assignment Due!



Dec 13th → Final Quiz (with Review)

World Wall Map

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Map Not To Scale

World Expo Dubai

- technology (tech.)
- look beyond the superficial side of tech.
- development is key
- tech. key aspect in the future → learn to use it properly



Dilan

- tech can be used for sustainable improvements

Technology

- everyone deals w̄ tech. + mental health globally
- World Expo Dubai → held once every 5 years.

- who will have access to this tech?




↳ historically only the powerful will have access to new tech

Technology

- is the new tech only accessible to the wealthy or to everyone?
↳ how does this affect well-being of lower socioeconomic status

- if someone creates something positive must they share it with everyone?



Mental Health

- World Health Organization has mental illness very high on their list
- Connection between mental health + tech.
 - ↳ research done by Dr. Jennifer Laffier and Madison Westley - Ontario Tech.



Mental Health + the Digital Age

- in a world of harsh complexity

- everything needs to happen immediately
due to the urgency of tech. (ie. emails)

- what impact is tech having on humanity?



Students' Thoughts

- "we didn't evolve for the reality we exist in" - Alex

- evolution → undeniable force

- butterfly affect → people become more aware → not necessarily due to tech - Kris




Activity

- reflect on mental health + technology

1) write 2 questions for mental health class

2) write 2 questions for technology class

 - write a draft on your own then refined one in the live chat

Key Points from Questions:

- mental health apps
- technology for good? → health + education
- stigma around the world with mental health
- technology + physical well being
- mental health at World Expo Dubai



Wrapping Up

- thought on human fulfillment from Lon
- Rachel Carson "Silent Spring"

"Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts."

- Rachel Carson



Wrapping Up

- will technology ever take the place of the fulfillment we feel in nature?



CC