Fall 2026 Breadth Electives

Lower-Level Breadth Electives

For more information regarding graduation requirements specific to breadth categories and levels, please visit: https://durhamcollege.ca/academic-faculties/faculty-of-liberal-studies/degree-breadth-faculty.

Option	Course Code	Course Title	Category	Course Description	CRN	Location	Day	Time	Programs Restricted
1.	ANTH 10000	Anthropology	Culture, Arts, Humanities and Self	Anthropology is the study of humans from our evolutionary origins ~65 million years ago as very simple primates, through to today. Traditional Anthropology focuses on using 4-Subfields to study humans. These are Archaeology, Evolutionary Anthropology, Linguistics and Socio-Cultural Anthropology. In this course we will examine the past and present history of humans using a 4-field anthropological lens. Students will learn about primate and human evolutionary history, use archaeology to study what our ancestors left behind, the origins and evolution of language and finally, about our species' socio-cultural nature that can be seen as defining humanity. We will conclude the course with some reflections about the future of humanity and how Anthropology can help lead us to a more sustainable future.	12857	Oshawa	Wednesday	14:10-16:00	
2.	COSC 11000	Introduction to Artificial Intelligence	Science and Technology	The course introduces students to Artificial Intelligence as a subfield of computer science and presents ideas and techniques for designing intelligent systems. Students study the core AI topics of knowledge representation and reasoning, learning, search, and planning. For each such topic, students learn about the related issues and challenges and are exposed to the corresponding solutions. The course also teaches the history of AI and get exposed to its dominant schools of thought, including symbolic AI and connectionist, probabilistic, and evolutionary approaches.	13258	Oshawa	Thursday	14:10-17:00	BDCS HBAI
3.	LAWW 10000	Canadian Law - An Introduction	Society and Commerce	This course introduces students to the historical context and operation of our legal system, the institutions within the system, roles of persons within those institutions and the process of thought which apply to current Canadian legal issues. Students in this course will gain a general understanding of how laws are defined, created, implemented and interpreted to give meaning and solutions to modern social problems. In addition, students will examine the role of law in Canadian society.	15017	Whitby	Thursday	9:10-11:00	BDBH HBPL HBPP
4.	PHIL 10000	Classical Philosophy - Ideas that Matter	Culture, Arts, Humanities and Self	Ancient Greek philosophy is the first chapter of Western philosophy, and in many ways an unparalleled one. We will discuss the emergence of Western thought (philosophy and science) about 2600 years ago in the city of Miletus. Then we will study the philosophers who followed: Parmenides, the Sophists, Socrates, Plato and Aristotle, among others. Some of the questions we are going to explore are: What is the nature of reality? What does it take to know something? What is man's place in the universe? What is the best political system? What is a life worth living? We shall attempt to find answers through lectures and class discussion. Students will be evaluated by a variety of written assignments, discussions, and tests.	14295	Oshawa	Wednesday	14:10-16:00	
5.	PSYC 11000	Introduction to Mental Health	Culture, Arts, Humanities and Self	Students will focus on understanding mental health and mental health services for individuals and groups in Canadian communities, as well as the psychological and sociological conceptualizations and understandings of mental health and models for community mental health service. Students will examine how client needs intersect with community service connections and available supports, across a broad range of contexts and populations.	14364	Oshawa	Friday	13:10-16:00	HBMC HBMH HBMS
6.	SOCI 11001	Healthcare and Legal Systems	Society and Commerce	Students will be introduced to historical and current healthcare and legal policies related to mental health approaches in Canada. Students will examine current healthcare and legal trends, systems, and legislation with a focus on developing awareness of patient-centred care, and advocacy.	14451	Oshawa	Monday	15:10-18:00	HBMC HBMH HBMS

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Upper-level Breadth Electives

Note: to be eligible to register in an upper-level breadth course, students must have successfully completed one lower-level breadth course.

Option	Course Code	Course Title	Category		CRN	Location	Day	Time	Programs Restricted
1.	ENVI 20002	Green and Alternative Energy Sources	Science and Technology	The climate crisis is creating a once in a lifetime opportunity to participate in the energy transition – a movement towards more sustainable energy sources. Investigate the demand for and expanding interest in green and alternative energy systems and their current contribution to the electricity grid in Ontario. Discuss the fundamentals of energy generation and electricity in Ontario and the drivers for the transition to alternative energy sources. Analyze the significance of hydroelectric and nuclear energy generation to meet Ontario's growing energy demand. Other renewable energy sources including solar, wind, geothermal, biomass, wave and tidal energy are also explored, including opportunities for residential, small- and large-scale applications. Through the combination of fundamental principles and case studies, different green and alternative energy sources will be identified and compared. As well as an introduction to the fundamentals of energy storage, energy conservation and other emerging innovations in the rapidly growing energy sector will be explored.	13481	Online-asynchronous			
2.	PSYC 20000	Science of Learning & Memory	Culture, Arts, Humanities and Self	Understanding the science of learning can help us to succeed in academic settings as well as become better lifelong learners. In this course, students will approach the topic of learning through an interdisciplinary lens, integrating knowledge from psychology, neuroscience, and pedagogy, while engaging in activities that will allow them to apply these concepts to their everyday lives. Through scholarly readings, critical analysis, reflective projects, and experiments, students will delve deeply into the workings of memory systems and the processes involved in learning. Topics may include learning styles, false and repressed memories, the impact of sleep, levels of processing, neuroplasticity/the brain, among others.	14389	Online	Thursday	9:10-11:00	
3.	PSYC 26002	Abnormal Psychology **(requires PSYC 10003 pre-req)**	Culture, Arts, Humanities and Self	This course introduces the student to the study of abnormal human behaviour through the use of different theories and perspectives; core concepts such as etiology, prognosis, and treatment and other fundamental issues in abnormal psychology, such as stigma and cultural issues, which are essential to understanding mental health issues. * To enroll in this course, students must have successfully completed PSYC 10003: Introduction to Psychology.	14395	Oshawa	Friday	10:10-13:00	HBBB HBBC HBBD HBBK HBBS HBMC HBMH HBMS
4.	SOCI 20003	Social Media & Society	Culture, Arts, Humanities and Self	The rise of social media has profoundly changed the global communication landscape and shaped our understanding of ourselves, society, and the world around us. With the advent of social media platforms such as Facebook, Instagram, Snapchat, YouTube, TikTok, and Twitter, more and more people connect and collaborate online, and consume, create, and share content in ways we have never seen before. This course will examine social media's historical evolution and affordances and explore its social, cultural, political, and economic impacts. By engaging with social media and critically analyzing emerging issues and topics, students will investigate the complex role of social media in contemporary society.	14458	Online-asynchronous			
5.	SOCI 31000	Constructing Race: Law, Power, and Belonging in Canada	Society and Commerce	Examines how law, legal institutions, and public policy in Canada shape and are shaped by racialized experiences. Drawing on Critical Race Theory (CRT), critically analyzes how race, colonialism, and power operate within Canadian legal frameworks, including constitutional law, criminal justice, immigration, Indigenous governance, and human rights. Explore how ostensibly neutral laws can reproduce systemic inequities, and how historical and contemporary legal practices have contributed to the marginalization of Indigenous peoples and racialized communities. An emphasis on lived experience, intersectionality, and the social construction of race, while also engaging with resistance, reform, and alternative legal approaches that aim to advance substantive equality and justice in Canada, will be discussed.	14470	Oshawa	Thursday	14:10-17:00	HBPP HBPL

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