

PROGRAM GUIDE

Faculty of Health Sciences
Pre-Health Sciences
2023-2024



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Please note the following important information:

Durham College strives to ensure the accuracy of the information in this publication. Please note that the academic curriculum is continually reviewed and revised to ensure program quality and relevancy. As such, the college reserves the right to modify or cancel any course, program, fee, procedure, and timetable or campus location at any time. Please consult the [Durham College website](#) for the most current information.

June 2023

A Message from the Executive Vice President, Academic

On behalf of Durham College (DC), I would like to extend a warm welcome to you for the upcoming academic year. It is an exciting time, whether you are a returning student, getting back into the swing of things, or this is your first year of college.



You have made a great choice with DC. We offer a comprehensive range of exceptional academic programs and student services. Our faculty members are experts in their respective fields, and they are dedicated to providing you with the knowledge and skills needed to excel in your future careers. Our students develop the professional, intercultural and durable skills required to realize meaningful careers and make a difference in the world.

We support students by delivering excellence in teaching and learning, and providing opportunities for experiential learning, applied research and technology-enabled education. Our goal is to inspire students to create success for themselves and their communities through the best in innovative and transformative education.

As we start the new semester, it's important to recognize the evolving nature of how we live, work and learn. By choosing to study at DC this year, you've demonstrated a willingness to adapt and grow, which will help you move forward with your studies and life. I encourage you to take advantage of all that we have to offer. Be sure to get to know your faculty members, program coordinator, student advisor, and all the other employees on campus who are committed to your success. These individuals can provide valuable information and resources to support your studies and career planning. Get involved in campus life, connect with your peers, and make the most of your time here.

We are honoured to be a part of your educational journey and can't wait to see the great things you will achieve during, and after, your time with us. Together, we're leading the way. Best wishes for a successful academic year!

A handwritten signature in black ink that reads "Elaine Popp". The signature is written in a cursive, flowing style.

Dr. Elaine Popp
Executive Vice President, Academic

A Message from the Executive Dean, Faculty of Health Sciences

Dear Students,

On behalf of the Faculty of Health Sciences (FHS), I am delighted to extend a warm welcome to all our new and returning students. You are about to embark on a new academic year, one filled with possibilities and opportunities.



To our new students, I want to congratulate you on taking this important step towards your future. You have chosen a path that will provide you with knowledge and skills that will stay with you for a lifetime. We are excited to have you join our FHS, and we look forward to supporting you throughout your journey.

To our returning students, welcome back! We hope that your academic journey has been enriching thus far, and that you are excited to dive back into your studies. We are proud of all that you have achieved so far, and we are eager to see you continue to grow and succeed in the year ahead.

As we start a new academic year, I want to remind you of our mission to offer our learners the means to excel in their chosen field by providing industry relevant professional, technical, theoretical, and hands-on experience. We strive to develop work ready learners upon graduation through a collaborative partnership between students and the programs. Our state-of-the-art laboratories, facilities, learning spaces, and digital platforms provide student-centered learning environments and offer ample opportunities to integrate theoretical learning into real industry hands-on experience. Our goal is to empower students with the essential skills and confidence necessary to be successful in their field. It is our hope that upon graduation students will effectively and confidently transition to work force, related to their field of study. Our dedicated faculty and staff are committed to providing you with a supportive and enriching learning environment. We have a range of resources available to help you with your academic and personal goals, and we encourage you to take advantage of them. We are committed to supporting you throughout your academic journey.

Finally, I would like to wish you all the best for the upcoming academic year. Whether you are starting a new program or continuing with your studies, I am confident that you will find this year to be both rewarding and filled with a wealth of exciting opportunities for growth and discovery.

We look very much forward to having you with us!

A handwritten signature in black ink, appearing to read 'Mojgan Rezvani'.

Dr. Mojgan Rezvani
Executive Dean, Faculty of Health Sciences

A Message from the Associate Dean, Faculty of Health Sciences

As Associate Dean, it is my great pleasure to extend a warm welcome to all students in the Faculty of Health Sciences programs.

The Faculty of Health Sciences is at the forefront of advancing healthcare related education, research, and practice. Together, we have the opportunity to make a profound impact on the lives of individuals and our communities through our collaborative efforts and innovative approaches.

As we embark on this new academic year, I encourage you to embrace the spirit of collaboration, participation and excellence and wish you all the very best in your academic journey. Our dedicated staff members in the Faculty of Health Sciences are always here to lend a helping hand and provide guidance whenever needed.

The passion, expertise, and dedication of our faculty cultivate a nurturing and inclusive learning environment for our students, preparing them to become exceptional professionals and leaders in their respective fields.

Together, let us embark on a remarkable journey of discovery, innovation, and transformation.

With warm regards,

Sincerely,



Dr. Aimee Karagiorgakis
Associate Dean, Faculty of Health Sciences

Faculty of Health Sciences

Pre-Health Program Faculty & Staff

Executive Dean	Dr. Mojgan Rezvani	Ext. 2249	mojgan.rezvani@durhamcollege.ca
Associate Dean	Aimee Karagiorgakis	TBD	aimee.karagiorgakis@durhamcollege.ca
Administrative Coordinator	Shari Kinney	Ext. 2375	shari.kinney@durhamcollege.ca
Student Advisor/ Placement Officer	Kim Sharpe	Ext. 2501	kim.sharpe@durhamcollege.ca
Office Administrative Assistant	Nina Simons	TBD	nina.simons@durhamcollege.ca
Program Coordinator	Jesse Parsons Sean Crowley	Ext. 2533 Ext. 6474	jesse.parsons@durhamcollege.ca sean.crowley@durhamcollege.ca

The above individuals may be contacted by dialing directly
905.721.2000, followed by the appropriate extension.

Faculty of Health Sciences

Location: SW106 - Gordon Willey

Building Telephone: 905.721.3080

Website: <https://durhamcollege.ca/academic-faculties/faculty-of-health-sciences>

Health & Wellness Centre

G127 (Main Campus) 905.721.3037

<https://durhamcollege.ca/student-life/health-and-wellness/campus-health-and-wellness-centre>

Access and Support Centre

SW116 (Main Campus) 905.721.3123

<https://durhamcollege.ca/asc/>

Coaching and Support Centre

SW116 (Main Campus) 905.721.3147

<https://durhamcollege.ca/asc/>

Program Information

The following is a brief description of some of the various Pre-Health Sciences program pathways offered at Durham College. For more detailed information, please visit: www.durhamcollege.ca

Pre-Health Sciences Pathway to Certificates & Diplomas (PHSC)

The Pre-Health Sciences Pathway to Certificates and Diplomas (PHSC) program is designed for individuals interested in pursuing a health sciences career. This two-semester program provides the foundation necessary for success in a college health sciences program such as Paramedic, Practical Nursing, Dental Assistant, Dental Hygiene, Occupational Therapist Assistant and Physiotherapist Assistant. It is also designed for individuals who would like to strengthen their communication, mathematics, biology, chemistry and critical thinking or physics skills as well as familiarize themselves with college life and college workload.

In addition, the program provides students with the opportunity to learn about potential careers in the health sciences while earning postsecondary credits that could be transferred to other health sciences or science-related programs.

PLEASE NOTE:

1. It is each student's responsibility to ensure that the courses he or she is registered in are appropriate for the stated admission requirements for future program choices.
2. Successful completion of the PHSC certificate does not guarantee admission into another post-secondary program.
3. Each educational institution determines its own admission requirements. If you plan to attend any college other than Durham College or a university, please ensure that courses taken meet its admission requirements.

Individual academic planning assistance is offered by the student advisor, and it is strongly encouraged for students to meet with their advisor before selecting their courses. Some Pre-Health Sciences Pathway courses are also transferable to other post-secondary programs.

Program Learning Outcomes (Pre-Health Sciences Pathway to Certificates & Diplomas)

The Pre-Health Sciences Pathway to Certificates and Diplomas provides the student with the opportunity to:

1. Examine fundamental biological concepts, processes and systems of the human body, including the structure, function and properties of the molecules of life, cells, tissues and organ systems in relation to homeostasis and health.
2. Examine fundamental concepts, processes and systems of chemistry, including matter and chemical bonding; quantities in chemical reactions; solutions and solubility; acids and bases; as well as nomenclature, structure and properties of organic compounds in relation to health and the human body.
3. Solve basic numeric problems and interpret data related to health sciences and other science-related fields using mathematical concepts, including algebra, basic probability and descriptive statistics.
4. Use health sciences and other science-related language and terminology appropriately to communicate clearly, concisely, and correctly in written, spoken, and visual forms.
5. Prepare a personal strategy and plan for academic, career and professional development in the health sciences or other science-related fields.
6. Investigate health sciences and science-related questions, problems and evidence using the scientific method.

Note: The learning outcomes have been numbered as a point of reference; numbering does not imply prioritization, sequencing, nor weighting of significance.

Pre-Health Sciences Pathway to Certificates & Diplomas (PHSO)

<https://durhamcollege.ca/academic-faculties/professional-and-part-time-learning/student-information/academic-policies-procedures>

The Pre-Health Sciences Pathway to Certificates and Diplomas (PHSO) is designed for individuals interested in pursuing a health sciences career. This two-semester program provides the foundation necessary for success in a college health sciences program such as Paramedic, Practical Nursing, Dental Assistant, Dental Hygiene, Occupational Therapist Assistant and Physiotherapist Assistant. It is also designed for individuals who would like to strengthen their communication, mathematics, biology, chemistry and critical thinking or physics skills as well as familiarize themselves with college life and college workload.

In addition, the program provides students with the opportunity to learn about potential careers in the health sciences while earning postsecondary credits that could be transferred to other health sciences or science-related programs.

This program is primarily an asynchronous, online version of the Pre-Health Sciences Pathway to Certificates and Diplomas; however, it is important to note that in-person lab components are required at the Oshawa campus. In-person labs will be run on Saturday mornings and early afternoons. Lectures are delivered online to provide students with flexibility in their learning and scheduling. Students also benefit from the hands-on learning health sciences demands. Independent study is required and students considering this program should have strong time management and organizational skills.

PLEASE NOTE:

1. It is each student's responsibility to ensure that the courses he or she is registered in are appropriate for the stated admission requirements for future program choices.
2. Successful completion of the PHSO certificate does not guarantee admission into another post-secondary program.
3. Each educational institution determines its own admission requirements. If you plan to attend any college other than Durham College or a university, please ensure that courses taken meet its admission requirements.

Individual academic planning assistance is offered by the student advisor, and it is strongly encouraged for students to meet with their advisor before selecting their courses. Some Pre-Health Sciences Pathway courses are also transferable to other post-secondary programs.

Program Learning Outcomes (Pre-Health Sciences Pathway to Certificates & Diplomas, Hybrid Option)

The Pre-Health Sciences Pathway to Certificates and Diplomas (hybrid option) provides the student with the opportunity to:

1. Examine fundamental biological concepts, processes and systems of the human body, including the structure, function and properties of the molecules of life, cells, tissues and organ systems in relation to homeostasis and health.
2. Examine fundamental concepts, processes and systems of chemistry, including matter and chemical bonding; quantities in chemical reactions; solutions and solubility; acids and bases; as well as nomenclature, structure and properties of organic compounds in relation to health and the human body.
3. Solve basic numeric problems and interpret data related to health sciences and other science-related fields using mathematical concepts, including algebra, basic probability and descriptive statistics.
4. Use health sciences and other science-related language and terminology appropriately to communicate clearly, concisely, and correctly in written, spoken, and visual forms.
5. Prepare a personal strategy and plan for academic, career and professional development in the health sciences or other science-related fields.
6. Investigate health sciences and science-related questions, problems and evidence using the scientific method.

Note: The learning outcomes have been numbered as a point of reference; numbering does not imply prioritization, sequencing, nor weighting of significance.

Pre-Health Sciences Pathway to Advanced Diplomas & Degrees (PHSU)

The Pre-Health Sciences Pathway to Advanced Diplomas and Degrees (PHSU) program is designed to provide students with the core knowledge, skills and abilities fundamental to academic success in health sciences programs such as the collaborative Bachelor of Science in Nursing (BScN) program delivered by Durham College and the University of Ontario Institute of Technology (UOIT), as well as other science-related programs at the advanced diploma or degree level. This two-semester program is specifically designed for individuals who would like to develop their knowledge and skills in communications, mathematics, biology, physics, general and organic chemistry, and physics or critical thinking so they are well-prepared for the rigors of their next academic program.

In addition, the program provides students with the opportunity to learn about potential careers in the health sciences and identify other programs focusing on the biological or chemical sciences that will enable them to achieve their career objectives.

PLEASE NOTE:

1. It is each student's responsibility to ensure that the courses he or she is registered in are appropriate for the stated admission requirements for future program choices.
2. Successful completion of the PHSU certificate does not guarantee admission into UOIT or other post-secondary programs.
3. The January intake of the Pre-Health Sciences Pathway to Advanced Diplomas and Degrees program may not line up with university application deadlines for a fall start. Please be sure to check the website for application deadlines at the institution you intend to apply to.
4. Each educational institution determines its own admission requirements, please ensure that courses taken meet the admission requirements at the institution you intend to apply to.

Individual academic planning assistance is offered by the student advisor, and it is strongly encouraged for students to meet with their advisor before selecting their courses. Some Pre-Health Sciences Pathway courses are also transferable to other post-secondary programs.

Program Learning Outcomes (Pre-Health Sciences Pathway to Advanced Diplomas & Degrees)

The Pre-Health Sciences Pathway to Advanced Diplomas and Degrees provides the student with the opportunity to:

1. Examine biological concepts, processes and systems of the human body, including genetics and epigenetics, as well as the structure, function and properties of the molecules of life, cells, tissues and organ systems in relation to homeostasis, physical development and health.
2. Examine concepts, processes and systems of chemistry, including atomic and molecular structure; quantities in chemical reactions; solutions and solubility; acids and bases; as well as organic chemistry and biochemistry in relation to health and the human body.
3. Solve numeric problems and interpret data related to health sciences and other science-related fields using mathematical concepts, including algebra and probability, along with descriptive and inferential statistics.
4. Use health sciences and other science-related language and terminology appropriately to communicate clearly, concisely, and correctly in written, spoken, and visual forms.
5. Prepare a personal strategy and plan for academic, career and professional development in the health sciences or other science-related fields.
6. Investigate health sciences and science-related questions, problems and evidence using the scientific method.

Physics (Optional):

7. Examine fundamental physics laws and concepts and their application to health sciences and other science-related fields.

Note: The learning outcomes have been numbered as a point of reference; numbering does not imply prioritization, sequencing, nor weighting of significance.

Durham College

Academic Policies & Procedures

To view the Durham College Academic Policies & Procedures, please go to:
<http://www.durhamcollege.ca/academicpolicies>

Program-Specific Academic Policies & Procedures

IMPORTANT NOTE: Due to the nature of the Pre-Health Sciences program, course-specific variations in academic policies may arise. Therefore, it is imperative that students carefully review each of their course outlines to familiarize themselves with all relevant academic policies and procedures.

The following is a summary of some of the academic policies which are explained in more detail in the Durham College Student Association Handbook. Students are advised to familiarize themselves with college academic policies by reading the information found on www.durhamcollege.ca/policies handbook and by consulting their professors and student advisor as they plan their program of study. All policies outlined below are subject to change at any time.

Test Policies

Please ensure that you bring your Durham College student ID card to ALL tests. Students arriving 20 minutes after the beginning of a test period will not be admitted. No student shall leave any test within the first 20 minutes. There will be no individual re-writes. A student who misses one test, for any reason, may be eligible to write one comprehensive test at the end of the semester. Please refer to your course outline for specific details.

Tests and Assignments

Professors will grade tests, assignments, or projects within a timeframe appropriate for the evaluation method. If a student is absent from the class in which graded work is reviewed, it is his/her responsibility to contact the professor.

Late Policy

Assignments are due on the date and time given by your professor. Course outlines and/or specific assignment guidelines provided to the student will indicate any penalties for late submissions, if allowed.

Student/Faculty Consultation

It is the student's responsibility to contact his or her professor to agree on a mutual consultation time.

Electronic Communication and Devices

The college considers the electronic format (i.e. MyCampus, DC Mail, or DC Connect)

as the primary channel of communication. Students are required to check the sources regularly for current course information.

It is expected that all electronic devices not being used as direct learning tools be turned off (and put away) during class so that students can focus on the learning environment and also not disturb other students. Those students who do not adhere to this expectation can be asked to leave.

Pre-Health Science - College (PHSC)

Course Name	Mod	Code	Prerequisites	Corequisites	Weekly Breakdown		
					Lec Hrs	Lab Hrs	FP/Alt Hrs
PHSC-SEM1							
PRE-HEALTH BIOLOGY I		BIOL 1700			0	2	2
PRE-HEALTH CHEMISTRY I		CHEM 1701			0	1	3
ACADEMIC COMMUNICATION ESSENTIALS		COMM 1715			3	0	
COMPUTERS FOR HEALTH CARE PROFESSIONALS		COMP 1703			0	2	1
PRE-HEALTH MATH I		MATH 1702			4	0	
PREPARING FOR ACADEMIC SUCCESS		PREP 1300			2	0	1
					9	5	7
PHSC-SEM2							
PRE-HEALTH BIOLOGY II		BIOL 2700	BIOL 1700		0	2	2
PRE-HEALTH CHEMISTRY II		CHEM 2701	CHEM 1701		0	1	2
ACADEMIC WRITING FOR SUCCESS STRATEGIES		COMM 2715	COMM 1100		2	0	1
PRE-HEALTH MATH II		MATH 2702	MATH 1702		2	0	2
CRITICAL THINKING SKILLS	OPT1	CRIT 1700			2	0	1
PRE-HEALTH PHYSICS	OPT2	PHYS 1700			2	0	1
					8	3	9

NOTES:
OPT1/OPT2/OPT3 - OPTIONS - Students choose subjects. OPT1 subjects are included in total hours per week.
GNEED - Courses with this Subject Code are "General Education" subjects, GNEED 0000 you are required to choose a 'General Education Elective' that term when you register.
SPEC 0000 - when displays as a pre-requisite you are required to have passed all previous courses and have a GPA of 2.0.
COOP - the co-op work term takes place in the following semester (spring/summer).
MOD1/MOD2 - course is delivered over a portion of the semester.

Pre-Health Science - Univ (PHSU)

Weekly
Breakdown

Course Name	Mod	Code	Prerequisites	Corequisites	Lec Hrs	Lab Hrs	FP/Alt Hrs
PHSU-SEM1							
PRE-HEALTH BIOLOGY I		BIOL 1700			0	2	2
PRE-HEALTH CHEMISTRY I		CHEM 1701			0	1	3
ACADEMIC COMMUNICATION ESSENTIALS		COMM 1715			3	0	
COMPUTERS FOR HEALTH CARE PROFESSIONALS		COMP 1703			0	2	1
PRE-HEALTH MATH I		MATH 1702			4	0	
PREPARING FOR ACADEMIC SUCCESS		PREP 1300			2	0	1
					9	5	7
PHSU-SEM2							
PRE-HEALTH BIOLOGY II ADVANCED		BIOL 2703	BIOL 1700		0	2	2
PRE-HEALTH CHEM II ADVANCED		CHEM 2703	CHEM 1701		0	1	3
ACADEMIC WRITING FOR SUCCESS STRATEGIES		COMM 2715	COMM 1100		2	0	1
PRE-HEALTH STATISTICS		MATH 2705	MATH 1702		4	0	
CRITICAL THINKING SKILLS	OPT1	CRIT 1700			2	0	1
PRE-HEALTH PHYSICS	OPT2	PHYS 1700			2	0	1
					10	3	8

NOTES:

OPT1/OPT2/OPT3 - OPTIONS - Students choose subjects. OPT1 subjects are included in total hours per week.

GNED - Courses with this Subject Code are "General Education" subjects, GNED 0000 you are required to choose a 'General Education Elective' that term when you register.

SPEC 0000 - when displays as a pre-requisite you are required to have passed all previous courses and have a GPA of 2.0.

COOP - the co-op work term takes place in the following semester (spring/summer).

MOD1/MOD2 - course is delivered over a portion of the semester.

What is Student Advising?

Faculty of Health Sciences

Pre-Health Sciences Pathway and General Arts and Science Programs

In keeping with Durham College's Mission Statement, "The Student Experience Comes First", student advising in the Faculty of Health Sciences is committed to empowering students to take charge of their educational careers and to become self-directed learners and decision makers.

Student advising engages students in developing and implementing sound educational plans that are consistent with their personal values, goals, and career plans.

Our Core Values:

Customer Service: We ensure student satisfaction by providing timely, efficient, organized, and high-quality service.

Campus Collaboration: We are committed to partnering with our campus resources in support of the overall learning experience.

Inclusiveness: We practice an unwavering commitment to treat all students with fairness, respect and dignity.

Student Success: We believe that every student can achieve success.

Excellence: We continually pursue improvement and innovation in our processes and in the services, we provide to students.

Connecting with your student advisor is a proven factor in helping you with many of the important tasks essential for your academic success. The advisor's goal is to help you "get off on the right foot" as you transition into your program and the college to reach your full potential.

Your student advisor can help with the following:

- ✓ Explaining your program and course requirements as well as course content, course pre-requisites, and course sequences
- ✓ Identifying education goals and creating an academic plan
- ✓ Helping you select appropriate courses (especially if you miss or fail a course)
- ✓ Providing advice regarding withdrawals or adding/dropping courses
- ✓ Discussing academic progress and standing
- ✓ Recommending opportunities for personal growth and academic development
- ✓ Reviewing Durham College policies and procedures and help with understanding them
- ✓ Referring you to specific campus or community resources that can help you with your unique needs such as career information, wellness support through our coaching and counselling supports, learning needs, and financial aid

Your Student Advisor is: Kim Sharpe
Faculty of Health Sciences Room SW106

School Office: 905.721.3080

Kim.sharpe@durhamcollege.ca

Additional Important Information

Durham College (DC) Mission, Vision and Values

Used to guide the overall direction of the college, the [Strategic Plan](#) outlines DC's mission, vision and values and is based on our four pillars – our students, our people, our work and our community. It is by working together, focusing on these guiding principles, that we are able to deliver quality teaching and learning opportunities that support the success of our students and academic employees. Together we're leading the way.

Academic Advising – Student Advisors

Student advisors are committed to student success and are available to help guide you through your college experience.

They can help you to:

1. Identify career goals and make sound academic decisions;
2. Develop academic plans to promote success in the event of failed courses or low-grade point average (GPA);
3. Make decisions regarding full-time/part-time studies;
4. Review graduation requirements;
5. Find equivalent credits.
6. Transfer to another program or identify pathways to further education; and
7. Access other college services to support student success.

To view contact information for your student advisor, visit the [Student Advisor website](#).

Academic Integrity

Academic integrity in teaching, learning and research is fundamental to our mission and an expectation of the DC community. Mechanisms to support academic integrity reinforce our core values, enrich educational inquiry and enhance the quality of our scholarship and reputation.

To ensure the highest academic standards, students are accountable for the work they produce, and student work must be the product of their own efforts. The [Academic Integrity Policy and Procedure](#) provides a comprehensive explanation of DC's expectations regarding academic integrity.

Student Supports

DC offers students a variety of services to help them achieve academic success. From accessibility accommodations, financial aid, health services and wellness coaching to student life, recreation and career development, our knowledgeable staff provide holistic supports to help students reach their greatest potential.

Please visit the page [Student Services](#) for more information on each of the student service areas.

Important Dates

DC strives to keep you informed of important dates throughout the academic year. Please review the 2023-2024 important dates that include fee payment deadlines, web registration, add/drop and grade release dates etc. You can find this information on the [college's website](#) and on [MyDC](#). Please review [MyDC](#) regularly for updates and reminders on important dates.

Academic Grading and Progression

Please refer to the [Academic Grading Framework Policy and Procedure](#) documents for a complete overview of grading practices which communicates student performance and [Academic Progression Policy and Procedure](#) to clearly understand the requirements necessary for a student to progress through an academic program.

Students must have a cumulative program G.P.A. between 1.8 and 1.99 to continue under academic probation.

Student Academic Learning Services (SALS)

SALS helps DC students to achieve their academic goals through free services and resources, including subject specific support (math, accounting, biology, chemistry, physics and statistics), academic reading and writing, learning strategies, and assistance with English language proficiency. Students also have access to peer tutoring, online resources located through the [MyDC](#) landing page (under "[Learning Resources](#)"), and SALS ONLINE academic resources, videos, and quizzes in DC Connect.

Please email SALS at sals@durhamcollege.ca, or visit www.durhamcollege.ca/sals for information on accessing resources and services, scheduling an appointment, registering for workshops, or sign-up to request or a be a peer tutor.