

Please record a video of yourself answering the questions below. Your video can be **up to 5 minutes long**; however, you do not need to use all 5 minutes. There are no perfect answers. We want to hear your **own** thoughts.

1. What is your name?
2. Tell us a little about what you like to do in your free time.
3. What do you know about the CICE program at Durham College?
4. Why do you want to apply to the CICE program?
5. What is one goal or dream you have for your future? It can be about school, work, or your life.
6. How could CICE help you work toward that goal or dream?

Take your time answering. It is okay to pause, use brief notes, or record more than once. Speak in your own words. You do not need special editing, slides, music, or a fancy camera.

Help from family, guardians, or support people

- Prior to filming, someone can talk through your ideas with you and help you practice.
- Somebody can read the questions to you on your video.
- They can help set up the camera and upload your video.
- You can answer the questions using your usual way of communicating (verbally, with assistive technology, an ASL interpreter etc).
- You must give your own answers in the video; no one else should write your answers or answer for you.
- If you're unsure of how to record a video, watch this video: [How to record a video](#)
- If you're unsure of how to upload and attach a video to email, watch this video: [How to upload and attach a video to email](#)

Accessibility & Accommodations

If speaking on camera or recording a video creates an accessibility barrier, contact the CICE team at cice@durhamcollege.ca before the deadline to arrange an accessible way to share your answers. Applicants may use their usual communication style/supports. These supports will not lower their score.

Submitting: Reply to the email from cice@durhamcollege.ca and attach your video. The video should be no longer than 5 minutes or larger than 25 mbs.

Deadline: Applications open on October 1, 2026, and close on February 1, 2027. Apply by February 1, 2027, to be considered with all other applicants. Applying early is helpful, but it does not give you a better chance of being accepted.

Contact for questions or accessibility arrangements: cice@durhamcollege.ca