

# Prior Learning Assessment and Recognition (PLAR) Self-Assessment Form

Use the PLAR Self-Assessment Form to evaluate and document whether your knowledge and skills substantially match the learning outcomes in the current course outline. Once completed, please submit to your Academic School.

PERSONAL IDENTIFICATION		
First name	Last name	Student ID
Durham College Email		Personal Email

COURSE INFORMATION		
Course Name	Course Code	Program (if applicable)

## PLAR CRITERIA

I am 19 years of age or older or I have an OSSD or equivalent  
 The course I am interested in is eligible for PLAR (see front page of course outline)  
 Have you failed this course in the previous two academic years?  
 Were you registered in or audited this course in the previous 10 months?

## LEARNING OUTCOMES - LEVEL OF COMPETENCE

For each course learning outcome (CLO), please self-assess your competency levels and record them in the appropriate columns on the next page (Level of Competence). If you require the course outline, please contact the PLAR Coordinator by email at [plar@durhamcollege.ca](mailto:plar@durhamcollege.ca)

1. I am able to **demonstrate** the learning outcome well enough to teach it to someone else.
2. I can work independently to **apply** the learning outcome.
3. I need some **assistance** in using the outcome.
4. I am **developing** skills and knowledge for this area.
5. I have **no** experience with the outcome.

## OFFICE USE

Decision	Rationale
Date (mm/dd/yyyy)	
Program Coordinator/ Program Designate Name	
Signature	

In accordance with Section 39(2) of the Freedom of Information and Protection of Privacy Act, 1990, the personal information collected on this form is collected under the legal authority of the Ontario Colleges of Applied Arts and Technology Act, 2002 and may be used and/or disclosed to assist your PLAR assessment. Your personal information may also be used for various administrative, statistical and/or research purposes of the College and/or ministries and agencies of the Government of Ontario and the Government of Canada. If you have any questions about the collection, use and disclosure of your personal information by the College, please contact the Freedom of Information and Protection of Privacy Coordinator, 2000 Simcoe Street North, Oshawa, ON, L1G 0C5, 905.721.2000 ext. 3292. If you have questions about this form or need it in an alternate format, please contact [vpa@durhamcollege.ca](mailto:vpa@durhamcollege.ca).

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## LEVEL OF COMPETENCE

**\*IMPORTANT:** Hours and experiences from a previously completed Field Placement course can not be used towards another Field Placement course.

<b>Learning Outcome</b> (e.g. CLO1)	<b>Experience</b> (Please name the company/ organization, and the dates of employment for work or volunteer experience)	<b>Level of Competence</b> (Refer to page 1)	<b>Evidence of Prior Learning</b> (What previous training did you have in order to gain this knowledge/skill? How do you currently use this knowledge/ skill? What other experiences do I have in this area? - volunteer experience, personal development, workshops)
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## LEVEL OF COMPETENCE

**\*IMPORTANT:** Hours and experiences from a previously completed Field Placement course can not be used towards another Field Placement course.

<b>Learning Outcome</b> (e.g. CLO8)	<b>Experience</b> (Please name the company/ organization, and the dates of employment for work or volunteer experience)	<b>Level of Competence</b> (Refer to page 1)	<b>Evidence of Prior Learning</b> (What previous training did you have in order to gain this knowledge/skill? How do you currently use this knowledge/ skill? What other experiences do I have in this area? - volunteer experience, personal development, workshops)
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